



# POLLI:NATION

## WE NEED YOUR SEEDS

**Can you donate some seed packets to school?  
OR donate some seedlings yourself?**

Nothing tastes as good as a food that you've grown yourself.

We want our pupils to have this chance!

Try growing yourself by following these simple steps:

### EDIBLE SEEDS

Peas  
Beans  
Spinach  
Salad leaves  
Broccoli  
Cauliflowers

### FLOWERS

Sweet peas  
Nasturtiums  
Borage  
Salvias

### You need:

Propagation tray  
(seed tray with a lid)  
A warm window sill  
Some compost

#### Step 1.

Fill your tray with compost (take out any bigger woody bits)

#### Step 2

Carefully pop a seed in each space or scatter across the top.

#### Step 3

Place on a sunny window sill or in a warm place.

#### Step 4

Keep soil moist

Wait, watch and wonder as your seedlings begin to grow –some within 7 days!



Any donations helpful!

Please hand in to \_\_\_\_\_ or ask at Reception



LOTTERY FUNDED